

Self-Assessment Criteria

Anaesthetics ST4 February 2024

Domain	Descriptors	Scores
1. Additional Degrees and qualifications	I have no additional degrees or qualifications	0
	I have <ul style="list-style-type: none"> • a 2:2 or 3rd class BSc (or BA) prior to starting medicine • OR, an additional degree in a non-science related subject prior to starting medicine 	1
	I have <ul style="list-style-type: none"> • a 1st class or 2:1 BSc (or BA) prior to starting medicine • OR, a postgraduate certificate in a relevant field (excluding education/teaching) • OR, a part 1 of a postgraduate exam e.g. MRCP/FRCEM etc. 	2
	I have: <ul style="list-style-type: none"> • a 1st class BSc that prolonged the conventional five year medical course AND part 1 of a postgraduate exam e.g MRCP/FRCEM etc • OR a postgraduate diploma in a relevant field (excluding education/teaching) 	3
	I have: <ul style="list-style-type: none"> • an additional full postgraduate medical qualification e.g. MRCP/ FRCEM etc. • OR a postgraduate masters / MSc in a relevant field (excluding education/teaching) 	4
	I have: <ul style="list-style-type: none"> • an MD (Res) • A PhD in a subject not relevant to medicine 	5
	I have a PhD in a subject related to medicine.	6

2. Additional Achievements Prizes and Awards relative to medicine	I have no additional awards	0
	I was awarded a prize in my undergraduate medical training for exceptional performance OR awarded a MERIT for my overall degree (top 25% of cohort)	1
	I was awarded an honours/distinction (or equivalent, signifying top 10% of cohort) for my primary undergraduate medical degree (i.e., exceptional standard/performance for overall degree)	2
	I have a prize awarded at post graduate level awarded by a regional medical organisation	3
	I have a prize awarded at postgraduate level by a national or international medical organisation .This includes prizes in the Primary FRCA	4

Domain	Descriptors	Scores
3. Postgraduate clinical experience in other specialties (excluding Foundation Programmes, Anaesthesia, research and teaching)	No experience in a complementary specialty by time of appointment	0
	At least 5 months experience in complementary specialties by time of appointment, without evidence of achievement of all expected outcomes, anywhere in the world	1
	5 to 12 months experience in an appropriate/relevant complementary specialty by the time of appointment, with evidence of achievement of all expected outcomes, anywhere in the world. This includes 6 months acute medicine and 6 months emergency medicine during ACCS training.	2
	More than 36 months in complementary specialties by time of appointment, with evidence of achievement of all expected outcomes, anywhere in the world	3
	13 to 24 months experience in an appropriate/relevant complementary specialty by the time of appointment, with evidence of achievement of all expected outcomes, anywhere in the world	3
	25 to 36 months experience in an appropriate/relevant complementary specialty by the time of appointment, with evidence of achievement of all expected outcomes, anywhere in the world	4

- Complementary specialty to be defined in guidance
- Up to 1 year of adult ICM can be included

<p>4. Quality Improvement - can include audit as a tool to demonstrate QI work in this section and trainee research network projects</p> <p>Do not include activity from an additional degree course</p>	I have not participated in any quality improvement learning events or projects	0
	<p>I have:</p> <ul style="list-style-type: none"> • Taken part in other people's postgraduate (non-anaesthetic) audits • OR taken part in quality improvement projects (i.e. data collection or made other minor contributions, but not led or designed the project) • OR completed bronze level QI or equivalent 	1
	I have made a significant contribution to quality improvement work since starting my core or stage 1 anaesthetic training OR equivalent. This includes co-designing or joint leading a quality improvement project at my hospital and making recommendations for changes to practice based on findings OR closing the audit loop.	2
	I have made a significant contribution to audit projects or quality improvement work as a postgraduate. This includes managing an audit OR quality improvement project and making recommendations to changes to practice based on audit findings OR closing the audit loop.	3
	<p>I have:</p> <ul style="list-style-type: none"> • made a significant contribution to more than one quality improvement project since commencing my anaesthetics training. All projects include making recommendations to change practice based on findings OR closing the audit loop. • OR I have led a regional TRN QI / audit project. 	4
	<p>I have:</p> <ul style="list-style-type: none"> • made a significant contribution to quality improvement work since commencing my anaesthetics training. This includes designing, leading and managing quality improvement projects and implementing changes to practice based on audit findings and closing the audit loop • OR I have led a national TRN QI / audit project 	5

Domain	Descriptors	Scores
5. Research (excluding that completed during a PhD course or an undergraduate BSc)	I have not been involved in research	0
	I have assisted with data collection for ongoing studies	1
	I have been involved with recruitment of participants to research projects (including TRN and NIHR CRN Portfolio studies)	2
	I have: <ul style="list-style-type: none"> enrolled in or completed and NIHR associate principal investigator scheme OR had personal and direct involvement (as a co-investigator) leading planning or running a postgraduate research project prior to anaesthetic training 	3
	I have: <ul style="list-style-type: none"> had personal and direct involvement (as a co-investigator) leading planning OR running a postgraduate research project since starting anaesthetic training OR led a regional TRN research project (this cannot be the same project as section 4) OR been the principle investigator of a funded study or co-applicant on a successful grant application. 	4
	I have: <ul style="list-style-type: none"> led a national TRN research project (this cannot be the same project as section 4) OR been the chief investigator of a funded study or lead applicant on a successful grant application. 	5

6. Teaching	I have not contributed to formal teaching	0
	I have: <ul style="list-style-type: none"> • some experience in formal teaching for health professionals • OR, some experience of formal teaching health-related topics to a non-medical audience • OR, attended a teaching the teachers course, generic instructors course or similar 	1
	I have: <ul style="list-style-type: none"> • made a major contribution to a local teaching programme including developing/organising a programme. • OR, instructed on an ALS /ATLS course, or similar 	2
	I have obtained a postgraduate certificate in education/teaching	3
	I have made a major contribution to a regional or national teaching programme including developing/organising a programme as a postgraduate.	4
	I have: <ul style="list-style-type: none"> • made a major contribution to a regional or national teaching programme including developing/organising a programme during my anaesthetic training • OR, have obtained a postgraduate diploma in education/teaching 	5
	I have undertaken a major dissertation and been awarded a Masters in medical/clinical education	6

Domain	Descriptors	Scores
7. Academic publications	I have not published anything	0
	I am a co-author of (PubMed listed OR peer reviewed) <ul style="list-style-type: none"> • one or more case reports • one or more clinical / scientific abstracts • one or more letters • one or more editorials • 	1
	I am lead or senior author of (PubMed listed OR peer reviewed) <ul style="list-style-type: none"> • one or more case reports • one or more clinical / scientific abstracts • one or more letters • one or more editorials 	2
	I am a co-author of (PubMed listed OR peer reviewed) <ul style="list-style-type: none"> • one or more pieces of original research • one or more narrative reviews 	3
	I am lead or senior author of (PubMed listed OR peer reviewed) <ul style="list-style-type: none"> • one piece of original research • one or more narrative reviews 	4
	I am lead or senior author of (PubMed listed Or Peer reviewed) <ul style="list-style-type: none"> • more than one piece of original research 	5

8. Presentations and Poster Presentations (see exclusions in applicant guidance)	I have given no presentations nor presented any posters	0
	I have given one local/departmental presentation at any time during postgraduate training	1
	I have: <ul style="list-style-type: none"> given more than one local/departmental presentation at any time during postgraduate training OR, given one local/departmental presentation since commencing anaesthetic training 	2
	I have given more than one local/departmental presentation since commencing anaesthetic training	3
	I have presented at a regional, national or international meeting at any time during postgraduate training	4
	I have presented at a national or international meeting since commencing anaesthetic training	5
	I have presented at more than one national or international meeting since commencing anaesthetic training	6

9. Continuing Professional Development (CPD) in Core Training	No evidence of CPD	0
	I am able to demonstrate evidence of mandatory training /local online training	1
	I am able to provide evidence of mandatory training/local online training plus one educational event/CPD event of one day duration	2
	I am able to provide evidence of mandatory training/local online training, plus 2 educational events/CPD of one day duration	3
	I am able to provide evidence of mandatory training/local online training plus 2 educational events. One of which is related to simulation or regional anaesthesia AND one of which is more than one day duration	4
	I am able to demonstrate evidence of mandatory training/local online training , plus 3 educational events. At least one should be related to regional anaesthesia or simulation, one is more than one day duration AND one includes a national; or international CPD event related to anaesthesia	5

Domain	Descriptors	Scores
10. Activities demonstrating leadership and/ or management inside or outside of work Leadership during school years will not be counted in this section	I have not been involved in significant activities outside of medicine and I have not had opportunity to demonstrate leadership within my medical career to date	0
	I am an active member of a group, club or organisation promoting recreation, charity, community activities etc. and/OR I have demonstrated leadership as part of a small team within my hospital(s) and / or I demonstrate significant time management outside of work	1
	I can demonstrate significant leadership or management as an undergraduate locally or nationally inside or outside of medicine	2
	I can demonstrate significant leadership or management as a postgraduate locally or regionally inside or outside of medicine and/OR including partaking in clinical leadership fellow post	3
	I can demonstrate a national or international commitment to leadership or management inside or outside of medicine such as expedition leadership Duke of Edinburgh leader and/OR I sit/sat as trainee representative at a national committee/working party OR I have significant responsibility within e.g BMA, GMC, RCoA	4